

Ignite Ventura Class Schedule – April 28, 2025

Big Floor

Tigers: 3-6 Years
K4K: 7-12 Years
Adults/Teen: 13 & Up

Beginner: White - Yellow
Intermediate: Camo – Purple
Advanced: Blue – Red

All Tigers: Songahm 2
Beginners: Songahm 3
Intermediate: Songahm 5
Advanced: Choong Jung 1

Weapons:
Beginners: Jahng Bong
Int/Adv: Jahng Bong
Black Belts: Jahng Bong
Leadership/Legacy: Jahng Bong

Life-skill: Respect

ATA Ambassador Day:
FREE Weekly Buddy Day with changing themes

Earn Wristbands and Prizes as you Gain Ranks in
ATA Ambassadors Banner

Monday

(Full White Uniforms)

4:00-4:30 All Tigers
4:30-5:10 K4K White – Yellow
5:10-5:40 Leadership/Legacy Jr.
5:40-6:20 K4K Camo – Rec BB
6:20-7:10 Adults/Teens
7:10-7:40 Legacy Elite (13 & up)

Tuesday

(Full White Uniforms)

4:00-4:40 K4K Camo – Rec BB
4:40-5:10 Leadership
5:10-5:40 All Tigers
5:40-6:20 K4K White – Yellow
6:20-7:00 Black Belts & Rec BB
7:00-7:40 Comp Team

Wednesday

(ATA T-shirt)

4:00-4:30 All Tigers
4:30-5:10 K4K White – Yellow
5:10-5:50 Sparring A (6 & under)
5:50 – 6:20 Combat Weapon Spar
6:20 – 7:00 Sparring B (7 – 11 Years)
7:00 – 7:40 Adults/Teens
7:40 – 8:20 Sparring C (12 & up)

Thursday

(Full Uniforms Any)

4:00-4:40 K4K Camo – Rec BB
4:40-5:10 Leadership
5:10-5:40 All Tigers
5:40-6:20 K4K White – Yellow
6:20-6:50 13&Down Rec BB – 2ndBB
6:50-7:20 Black Belt Weapons JB
7:20-8:00 13&Up Blue-5th Degree

Friday

ATA Ambassador Day
5:10 – 5:40 All Tigers
5:40-6:20 All Color Belts
6:20-7:00 MAX Elite (Invite Only)

Saturday

(ATA T-Shirt)

9:30 – 10:00 All Tigers
10:00 – 10:40 MAX Beginners
10:40 – 11:20 ALL RANKS (7 & up)