

Ignite Ventura Class Schedule – June 26th, 2024

Small Floor

Tuesday 6:20-7:00 Combat Fitness

Wednesday 5:15-5:45 Rec BB Forms

Thursday 6:20-7:00 Combat Fitness

Friday 4:30-5:00 Tiger Spar

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White - Yellow

Intermediate: Camo – Purple

Advanced: Blue – Red

All Tigers: Songahm 3

Beginners: Songahm 3

Intermediate: In Wha 1

Advanced: Choong Jung 1

Weapons:

Beginners: Double Ssahng Jeol Bong

Int/Adv: Double Ssahng Jeol Bong

Black Belts: Jee Pahng Ee

Leadership/Legacy: Sword

Life-skill: Honesty

Big Floor

Monday 4:00-4:30 All Tigers
Ignite Shirts allowed 4:30-5:10 K4K White – Yellow
5:10-5:40 **I.M.A. Academy** (Jr. Legacy)
5:40-6:20 K4K Camo – Rec BB
6:20-7:00 Adults/Teens
7:00-7:40 I.M.A. University (Legacy)

Tuesday 4:00-4:40 K4K Camo – Rec BB
Ignite Shirts allowed 4:40-5:10 Leadership
5:10-5:40 All Tigers
5:40-6:20 K4K White – Yellow
6:20-7:00 Black Belts & Rec BB
7:00-7:40 Comp Team

Wednesday 4:00-4:30 All Tigers
Ignite Shirts allowed 4:30-5:10 K4K White – Yellow
5:10-5:50 Sparring A (8&under)
5:50-6:20 Leadership
6:20-7:00 Sparring B (9yo-12yo)
7:00-7:40 Adults/Teens
7:40-8:20 Sparring C (13yo+ & BB)

Thursday 4:00-4:40 K4K Camo – Rec BB
Ignite Shirts allowed 4:40-5:10 Leadership
5:10-5:40 All Tigers
5:40-6:20 K4K White – Yellow
6:20-7:00 All Black Belts & Rec BB

Friday 4:00-4:30 All Tigers
Ignite Shirts allowed 4:30-5:10 XMA (Leadership/Legacy)
5:10-5:50 All Color Belts

Saturday See This Month's Saturday Schedule