

Ignite Camarillo Class Schedule – June 19th, 2023

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White – Yellow

Intermediate: Camo - Green

Advanced: Purple - Red

Life skill: Communication

Black Belt Club

Forms:

Tigers – Songahm 1

White - Yellow - Songahm 1

Camo - Purple – Songahm 5

Blue – Red – In Wha 2

Weapon:

Beginner: Ssahng Jeol Bong

Int/Adv: Ssahng Jeol Bong

Black Belt: Ssahng Jeol Bong

Leadership/Legacy: Sam Dan Bong

Tuesday 4:00-4:40 All Green - Red
Full Uniform Only 4:40-5:10 Leadership/Legacy
5:10-5:40 All Tigers
5:40-6:20 All White - Camo
6:20-7:00 Black Belts
7:00-7:40 Legacy Training

Wednesday 4:00-4:30 All Tigers
4:30-5:10 Sparring A (7yo&under)
Ignite Shirts allowed 5:10-5:40 All White-Camo
5:40-6:20 Sparring B (8yo-11yo)
6:20-7:00 Black Belts
7:00-7:40 Sparring C (13+yo)

Thursday 4:00-4:40 All Green - Red
Full Uniform Only 4:40-5:10 Leadership/Legacy
5:10-5:40 Tigers
5:40-6:20 All White - Camo
6:20-7:00 Black Belts
7:00-7:40 Legacy Training

Friday (Ventura only) 3000 Bunsen Ave
4:00-4:30 All Tigers
Ignite Shirts allowed 4:30-5:10 XMA (Leadership/Legacy)
5:10-5:50 All Color Belts

Saturday (Ventura only) 3000 Bunsen Ave
9:30-10:00 All Tigers
Ignite Shirts allowed 10:00-10:40 Combat Fitness
10:40-11:20 All Ranks
11:20-12:00 XMA Elite (Invite Only)