

Ignite Ventura Class Schedule – August 15th, 2022

Small Floor

Monday	4:30-5:00 Tiger Leadership 5:45-6:30 Combat Fitness
Tuesday	5:45-6:30 Combat Fitness
Wednesday	6:00-6:45 Combat Fitness
Thursday	5:45-6:30 Combat Fitness

Big Floor

Monday	4:00-4:30 All Tigers Full Uniform Only 4:30-5:15 K4K White - Green 5:15-5:45 Leadership/Legacy 5:45-6:30 K4K Purple – Rec BB 6:30-7:15 Adults/Teens 7:15-7:45 Legacy
Tuesday	4:00-4:45 K4K Purple – Rec BB Full Uniform Only 4:45-5:15 All Leadership/Legacy 5:15-5:45 All Tigers 5:45-6:30 K4K White - Green 6:30-7:15 Black Belts 7:15-7:45 Legacy
Wednesday	4:00-4:30 All Tigers Ignite Shirts allowed 4:30-5:15 K4K White - Green 5:15-6:00 Sparring A (8&under) 6:00-6:45 Sparring B (9yo-12yo) 6:45-7:30 Adults/Teens 7:30-8:15 Sparring C (13yo+ & BB)
Thursday	4:00-4:45 K4K Purple – Rec BB Ignite Shirts allowed 4:45-5:15 All Leadership/Legacy 5:15-5:45 All Tigers 5:45-6:30 K4K White - Green 6:30-7:15 Black Belts 7:15-7:45 Comp Team
Friday	4:00-4:30 All Tigers Ignite Shirts allowed 4:45-5:15 XMA (Leadership/Legacy) 5:15-6:00 All Color Belts
Saturday	9:30-10:00 All Tigers Ignite Shirts allowed 10:00-10:30 Combat Fitness 10:30-11:15 All White - Green 11:15-12:00 All Purple - Black Belt

Tigers: 3-6 Years
K4K: 7-12 Years
Adults/Teen: 13 & Up

Beginner: White - Yellow
Intermediate: Camo – Green
Advanced: Purple – Red

All Tigers: Songahm 2
Beginners: Songahm 2
Intermediate: In Wha 1
Advanced: Choong Jung 2

Weapons:
Beginners: Bahng Mahng Ee
Int/Adv: Bahng Mahng Ee
Black Belts: Sword
Leadership/Legacy: Sword

Life-skill: Discipline