

Ignite Camarillo Class Schedule – June 13th, 2022

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White – Yellow

Intermediate: Camo-Purple

Advanced: Blue - Red

Life skill: Communication

Black Belt Club

Forms:

Tigers – Songahm 1

White - Yellow - Songahm 1

Camo - Purple – Songahm 4

Blue – Red – In Wha 2

Weapon:

Beginner: Single Ssahng Jeol Bong

Int/Adv: Double Ssahng Jeol Bong

Black Belt: SSJB/DSJB

Leadership

Weapon: Kamas

Monday

3:30-4:00 All Tigers

4:00-4:30 Leadership

4:30-5:15 K4K Camo-Purple

5:15-5:45 K4K White - Yellow

5:45-6:30 K4K ADV + Adult/Teen

6:30-7:00 Legacy

Tuesday

3:30-4:15 K4K Camo-Purple

4:15-4:45 Leadership

4:45-5:30 K4K White - Yellow

5:30-6:00 All Tigers

6:00-6:30 Legacy

6:30-7:15 Adult/Teen/K4K **Blue-BB**

Wednesday

3:30-4:00 All Tigers

4:00-4:30 Sparring A

4:30-5:15 Sparring B

5:15-6:00 K4K Beginner

6:00-6:45 K4K ADV + Adult/Teen

6:45-7:30 Sparring C

Thursday

3:30-4:15 K4K Camo-Purple

4:15-4:45 Leadership

4:45-5:30 K4K White - Yellow

5:30-6:00 All Tigers

6:00-6:30 Legacy

6:30-7:15 Adult/Teen/K4K **Blue-BB**

Friday

4:00-4:30 All Tigers

4:30-5:15 Comp Team

5:15-6:00 All Color Belts