

Ignite Camarillo Class Schedule – April 26th, 2021

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White – Orange

Advanced: Yellow - Red

Life skill: Belief

Black Belt Club

Forms:

Tigers - Songahm 1

Beginner - Songahm 1

Advanced – Songahm 4

Weapon:

Beginner: Ssahng Jeol Bahng

Advanced: Double Ssahng Jeol Bahng

Black Belt: SSJB, DSJB

Leadership

Weapon: Escrimas

Skill: Active Listening

Monday
3:30-4:15 K4K Advanced
4:15-4:45 Leadership
4:45-5:15 Tigers Advanced
5:15-5:45 Tigers Beginner
5:45-6:30 K4K Beginner
6:30-7:15 Adult/Teen Color Belt
7:15-7:45 Adult/Teen Sparring

Tuesday
3:30-4:00 Tigers Beginner
4:00-4:45 K4K Beginner
4:45-5:15 Leadership
5:15-5:45 Tigers Advanced
5:45-6:30 K4K Advanced
6:30-7:00 Legacy
7:00-7:45 Black Belts

Wednesday
3:30-4:15 K4K Advanced
4:15-4:45 Leadership
4:45-5:15 Tigers Advanced
5:15-5:45 Tigers Beginner
5:45-6:30 K4K Beginner
6:30-7:15 Adult/Teen Color Belt
7:15-7:45 Adult/Teen Sparring

Thursday
3:30-4:00 Tigers Beginner
4:00-4:45 K4K Beginner
4:45-5:15 Leadership
5:15-5:45 Tigers Advanced
5:45-6:30 K4K Advanced
6:30-7:00 Legacy
7:00-7:45 Black Belts

Friday
3:30-4:00 Tiger Sparring
4:00-4:30 Leadership
4:30-5:15 K4K Sparring
5:15-6:00 Adult/Teen Sparring