

Ignite ATA Class Schedule – February 8th, 2020

ZOOM		REGULAR	
Monday	3:30-4:00 All Tigers 4:00-4:45 All White - Yellow 4:45-5:15 All Leadership 6:30-7:00 Combat Fit	Monday	3:00-3:30 Tiger White - Orange 3:30-4:00 Tiger Yellow - Red 4:00-4:45 K4K White - Yellow 4:45-5:15 All Leadership 5:15-6:00 K4K Camo - Red 6:00-6:45 All Ranks Adult/Teen 6:45-7:15 Combat Fit 6:45-7:15 Legacy (Floor B)
Tuesday	3:30-4:15 All Camo - Red 6:15-7:00 Black Belts	Tuesday	3:30-4:15 K4K Camo - Red 4:15-4:45 Legacy (Floor B) 4:15-5:00 Rec Black Belts 5:00-5:30 All Tigers 5:30-6:15 K4K White - Yellow 6:15-7:00 Black Belts
Wednesday	3:30-4:00 All Tigers 4:00-4:45 All White - Yellow 4:45-5:15 All Leadership 6:30-7:00 Combat Fit	Wednesday	3:00-3:30 Tiger White - Orange 3:30-4:00 Tiger Yellow - Red 4:00-4:45 K4K White - Yellow 4:45-5:15 All Leadership 5:15-6:00 K4K Camo - Red 6:00-6:45 All Ranks Adult/Teen 6:45-7:15 Combat Fit 6:45-7:15 Legacy (Floor B)
Thursday	3:30-4:15 All Camo - Red 6:15-7:00 Black Belts	Thursday	3:30-4:15 K4K Camo - Red 4:15-4:45 Legacy (Floor B) 4:15-5:00 Rec Black Belts 5:00-5:30 All Tigers 5:30-6:15 K4K White - Yellow 6:15-7:00 Black Belts
Friday	3:30-4:00 All Tigers 4:30-5:15 All White - Red	Friday	3:30-4:00 All Tigers 4:00-4:30 Leadership 4:30-5:15 All Camo - Red 5:15-6:00 All White - Yellow

Tigers: 3-6 Years
K4K: 7-12 Years
Adults/Teen: 13 & Up
White - Yellow: Songahm 2
Camo - Red: In Wha 2
All Tigers: Songahm 2

Weapons:
All White - Yellow: Single Bahng Mahng Ee
All Camo - Red: Double Bahng Mahng Ee
Black Belts: Kamas
Leadership/Legacy: Kamas