

Ignite Camarillo Class Schedule – October 26th, 2020

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White - Yellow

Advanced: Camo - Red

Monday

3:00-3:30 All Tigers

3:35-4:05 K4K White - Yellow

4:10-4:40 Leadership

4:45-5:15 K4K Camo and Up

Life skill: Honesty

Black Belt Club

Forms:

Tigers: Songahm 1

Beginner - Songahm 1

Advanced – In Wha 2

Tuesday

5:15-5:45 All Tigers

5:50-6:20 K4K White – Yellow

6:25-6:55 Combat Fitness

7:00-7:30 Adult/Teens

7:35-8:05 Legacy

Weapon:

Beginner: Single Ssahng Jeol Bahng

Advanced: Double Ssahng Jeol Bahng

Black Belt: Sword

Wednesday

3:00-3:30 All Tigers

3:35-4:05 K4K White - Yellow

4:10-4:40 Leadership

4:45-5:15 K4K Camo and Up

Leadership

Weapon: Tri-sectional Staff

Skill: Leaders in Life

Thursday

5:15-5:45 All Tigers

5:50-6:20 K4K White – Yellow

6:25-6:55 Combat Fitness

7:00-7:30 Adult/Teens

7:35-8:05 Legacy

Friday

Private Lessons Only