

Ignite ATA Class Schedule – August 10th, 2020

| | ZOOM | | REGULAR |
|------------------|--|------------------|---|
| Monday | 2:30-3:00 Tigers 3:00-3:30 White-Camo Belts 3:30-4:00 Combat Fitness | Monday | 4:00-4:30 Tiger Beginners 4:40-5:10 All White-Camo 5:20-5:50 Legacy/Leadership 6:00-6:30 Tiger Advanced 6:40-7:10 All Green-Rec. BB 7:20-7:50 Combat Fitness |
| Tuesday | 2:30-3:00 Green-Red Belt 3:00-3:30 Leadership/Legacy 3:30-4:00 Black Belts | Tuesday | 4:00-4:30 Tiger Advanced 4:40-5:10 All Green-Rec.BB 5:20-5:50 Tiger Beginners 6:00-6:30 All White-Camo 6:40-7:10 Black Belts 7:20-7:50 Adult/Teen |
| Wednesday | 2:30-3:00 Tigers 3:00-3:30 White-Camo Belts 3:30-4:00 Combat Fitness | Wednesday | 4:00-4:30 Tiger Beginners 4:40-5:10 All White-Camo 5:20-5:50 Legacy/Leadership 6:00-6:30 Tiger Advanced 6:40-7:10 All Green-Rec. BB 7:20-7:50 Combat Fitness |
| Thursday | 2:30-3:00 Green-Red Belt 3:00-3:30 Leadership/Legacy 3:30-4:00 Black Belts | Thursday | 4:00-4:30 Tiger Advanced 4:40-5:10 All Green-Rec.BB 5:20-5:50 Tiger Beginners 6:00-6:30 All White-Camo 6:40-7:10 Black Belts 7:20-7:50 Adult/Teen |
| Friday | 2:30-3:00 Rec BB 3:00-3:30 Tigers 3:30-4:00 Color Belts | Friday | 4:00-4:30 All Tigers 4:40-5:10 All Color Belts 5:20-5:50 Rec. BB 6:00-6:30 Black Belts |

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White-Camo

Advanced: Camo-Rec. Black