

Ignite ATA Class Schedule – March 2nd, 2020

	SMALL FLOOR		BIG FLOOR
Monday	4:00-4:45 Competition Team 4:45-5:15 Tiger Leadership 5:30-6:00 Tiger Beginner 6:00-6:45 Combat Fitness	Monday	4:15-4:45 Tiger Advanced 4:45-5:30 K4K Advanced 5:30-6:00 Leadership 6:00-6:45 K4K Beginner 6:45-7:30 Adult/Teen 7:30-8:00 Legacy
Tuesday	5:00-5:30 Legacy 5:30-6:00 Tiger Leadership 6:00-6:30 Tiger Advanced 6:30-7:15 Combat Fitness	Tuesday	4:15-5:00 K4K Beginner 5:00-5:30 Tiger Beginner 5:30-6:00 Leadership 6:00-6:45 K4K Advanced 6:45-7:30 Black Belts 7:30-8:00 Legacy
Wednesday	4:00-4:45 Competition Team 4:45-5:15 Tiger Leadership 5:30-6:00 Tiger Beginner 6:00-6:45 Combat Fitness	Wednesday	4:15-4:45 Tiger Advanced 4:45-5:30 K4K Advanced 5:30-6:00 Leadership 6:00-6:45 K4K Beginner 6:45-7:30 Adult/Teen 7:30-8:00 Sparring
Thursday	5:00-5:30 Legacy 5:30-6:00 Tiger Leadership 6:00-6:30 Tiger Advanced 6:30-7:15 Combat Fitness	Thursday	4:15-5:00 K4K Beginner 5:00-5:30 Tiger Beginner 5:30-6:00 Leadership 6:00-6:45 K4K Advanced 6:45-7:30 Black Belts 7:30-8:00 Legacy
Friday	5:00-6:00 Competition Team	Friday	4:00-4:30 Tigers 4:30-5:15 K4K All Ranks 5:15-6:00 Adult/Teen 6:00-7:00 Spar Club
Tigers: 3-6 Years K4K: 7-12 Years Adults/Teen: 13 & Up Beginner: White-Yellow Advanced: Camo-Rec. Black		Saturday	9:30-10:15 Combat Fitness 9:30-10:00 Tigers 10:00-10:30 Leadership 10:30-11:15 K4K All Ranks 11:15-12:00 Family Class 12:00-2:00 Demo Team