

Ignite Camarillo Class Schedule – January 2nd, 2020

Tigers: 3-6 Years

K4K: 7-12 Years

Adults/Teen: 13 & Up

Beginner: White-Camo

Advanced: Green-Rec. Black

Life skill: Belief

Black Belt Club

Forms: Songahm 3 & In Wha 1

Weapon: Jahng Bahng

Leadership

Weapon: Ssahng Nat

Monday
4:30-5:00 Tiger
5:00-5:30 Leadership
5:30-6:15 K4K All Ranks
6:15-6:45 Combat Fitness
6:45-7:30 Adult/Teen
7:30-8:00 13+ Sparring

Tuesday
4:30-5:15 K4K All Ranks
5:15-5:45 Leadership
5:45-6:15 Tigers
6:15-6:45 Combat Fitness
6:45-7:30 Adult/Teen
7:30-8:00 13+ Sparring

Wednesday
4:30-5:00 Tiger
5:00-5:30 Hyper
5:30-6:15 K4K All Ranks
6:15-6:45 Combat Fitness
6:45-7:30 Adult/Teen
7:30-8:00 Legacy

Thursday
4:30-5:15 K4K All Ranks
5:00-5:45 Hyper
5:45-6:15 Tigers
6:15-6:45 Combat Fitness
6:45-7:30 Adult/Teen
7:30-8:00 Legacy

Friday
4:30-5:00 Tigers
5:00-5:45 Champion Sparring
5:45-6:15 Combat Fitness
6:00-6:45 Family TKD Class

IGNITE MARTIAL ARTS